

# STRONG MINDS. SAFE JOBSITES.

Construction Industry.  
Mental Health Breakfast



MAY 21ST | 8:00~9:30 AM



1845 COLLINGWOOD BLVD- MEETING PLACE



CONTINENTAL BREAKFAST & NETWORKING

## ⚠️ MENTAL HEALTH IS JOBSITE SAFETY

Addressing stress, burnout & suicide in construction.  
Changing the culture—together.

- ✓ Real Talk from Construction Pros
- ✓ Tools to Reduce Stress & Burnout
- ✓ Resources to Support Your Crew
- ✓ Strategies for a Safer Jobsite



### REAL TALK FROM THE JOBSITE

Hear from industry peers on:

- ◆ Managing Stress • Breaking the Stigma
- ◆ Building a Stronger Culture



### WHO SHOULD ATTEND:



Contractors & Owners



Project Managers & Supervisors



Safety Professionals



Union Members & Apprentices